



***Body and Mind:
Summer Camp for Kids***

featuring

Aikido and Engaging Games

***July 7 - 11, 2008
August 11-15, 2008***

General Information

Aikido is a non-violent and non-competitive martial art. Its movements reflect mediation rather than conflict. It relies on balance and timing rather than strength. Students practice cooperatively with a partner. Practice teaches discipline, focus, balance, self confidence and provides a framework for teaching leadership skills.

Camp is a wonderful way to expose kids to aikido without a long commitment. We welcome any child entering third through eighth grade in the autumn. Students from other aikido dojo are welcome.

Camp is Monday through Friday from 9:00A to 3:00P. You may not register for half days, and priority is given to students registering for the entire session. Mornings are spent practicing aikido, and afternoons are devoted to playing games that encourage visual and spatial perception, logical thinking, sequencing and other thinking skills. Each one week session costs \$225 and is limited to 16 participants. We ask a \$50 deposit to hold a space for you. The balance of payment is due June 1 for July camp and July 1 for August camp. We reserve the right to cancel camp based on registration numbers, up to one week prior to the start of camp. All classes are held at the Seattle School of Aikido, located at 3422 NE 55th St. in Seattle.

Camp is taught by Martha Levenson, Chief Instructor, AikiKids and One World Aikido at Magnuson. Martha is a fourth degree black belt in aikido who is recognized for her work teaching aikido to children.

To register, complete the attached registration form. Mail it with your \$50 deposit (checks payable to Martha Levenson) to Aikikids, c/o Martha Levenson, 2339 NE 128th St., Seattle, WA 98125. If you have questions, please refer to our website at www.oneworldaikido.com, or call 206-794-0656.

Registration for Kids Camp

Student's Name: _____

Parent's Name(s): _____

Address: _____

City , State, Zip: _____

Home Phone: _____ *Day/Cell Phone:* _____

Which session? (circle one) *July* *August*

Grade entering: _____ *Previous experience?* _____

Emergency Contact (name and phone number):

Does the student have physical limitations or allergies of which we should be aware? _____

Please detach this form. The form and your deposit check (\$50) made payable to Martha Levenson should be mailed to: AikiKids, c/o Martha Levenson, 2339 NE 128th St., Seattle, WA 98125.